



BOSU<sup>®</sup>  
BALANCE TRAINER

HOME



65  
CM



TRAINING THAT TRANSLATES TO LIFE<sup>™</sup>





# BOSU® Home Balance Trainer

## HOME FITNESS WORKOUTS



STANDARD SIZE



HOME USE  
LIMITED WARRANTY



FAMILY FRIENDLY

Whether you are looking to tone and strengthen, improve core strength, lose weight, or simply get healthy and fit, the BOSU® Balance Trainer is easy to use, fun, and effective. Any exercise performed on the ground may be adapted to amplify the challenge and increase results. Use the BOSU® Balance Trainer dome or platform side down. The options and exercise progressions are endless, helping to enhance mobility, strength, balance, and overall fitness levels. Anybody can use it, regardless of fitness level.

- **WALLCHART & 6 BOSU® WORKOUT DVD'S**

- **ENHANCED MOVEMENT CAPABILITIES**

- **TONE & STRENGTHEN**

- **IMPROVE FLEXIBILITY**

- **NEXT LEVEL FUNCTIONAL TRAINING**

- **SPECIFICATIONS**

- Latex-free, burst-resistant material
- 90 day limited warranty - Home use only
- Available in blue or pink with black rim and base
- Six (6) rubberized feet
- Holds up to 136 kg (300 lb)
- Weighs 9 kg (19 lb)
- Measures 65 cm in diameter and 25.4 cm (10 in) high when fully inflated
- Includes hand pump and owner's manual

BOSU® Balance Trainer & Ballast™ Ball Combo

\*EACH SOLD SEPARATELY



ITEM NO.	PRODUCT DESCRIPTION	UPC
72-10850-2BB	BOSU® HOME VERSION - BROWN BOX	033149108511
72-10850-2XP	BOSU® HOME VERSION - RETAIL	033149108511
72-10850-2XPQ	BOSU® HOME VERSION - RETAIL 4 PACK	033149108511
72-10850-2PK	BOSU® HOME VERSION - PINK - BROWN BOX	033149006800
72-10850-PKIN	BOSU® HOME VERSION - RETAIL	033149006800
72-10850-PKINQ	BOSU® HOME VERSION - RETAIL 4 PACK	033149006800
72-10850-BB	BOSU® HOME VERSION - BALLAST BALL COMBO - BROWN BOX	033149014782
72-10850-3COS	AVAILABLE SOON - BOSU® HOME VERSION - WITH FITNESS CORDS	033149309925

**FULL LINE OF BOSU® ACCESSORIES AVAILABLE ON PAGE 20. BOSU® DVD'S AVAILABLE ON PAGE 22.**