



Life Fitness Activate Series OSC Upright Lifecycle Bike

KEY FEATURES

- **Easy to use** - design offers exercisers clear and simple direction for quick start or pre-programmed workouts.
- **Made to Last** - durability and reliability
- **Green to Go** - more energy efficient by third-party testing
- **Biomechanically Efficient Design** - Efficient body positioning with just a simple seat adjustment through a combination of crank, handlebar & seat position geometry.
- **Self-Powered Convenience** - these energy efficient bikes can be placed anywhere in a facility with no electrical cords or outlets to consider. (Models with optional 17" TV on stand require power)
- **Reliable Belt Drive System** - Custom designed system is quiet & virtually maintenance free.
- **Heart Rate Monitoring** - Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the bullhorn handlebars to provide accurate heart rate monitoring and Polar® telemetry provides hands-free heart rate monitoring when used with an optional chest strap.
- **Comfort Adjustments** - Easily adjustable ski boot style pedal straps & 38 seat adjustments positions to ensure their most comfortable riding position.
- **Intuitive Console** - Clear direction for quick start or pre-programmed workouts, and the workout summary provides valuable feedback



SPECIFICATIONS

Type	Commercial
Dimensions	112cm (L) x 59cm (W) x 137cm (H)
Unit weight	59kg
Max. user wt	181kg
Resistance Levels	25
Heart rate	Lifepulse™ Digital Heart Rate Monitoring with DSP, and Polar® Telemetry.
Workouts	Quick Start; Manual; Random; Hill; Cardio; Fat Burn; Fit Test; Resistance Level; Distance; Calories; METs; Customized Cool Down.
Warranty	- Lifetime warranty on frame. - 4-years limited warranty on rust. - 2-years limited warranty on console, electrical and mechanical components. - 1-year limited warranty on labor.



Life Fitness Activate Series OSR Recumbent Lifecycle Bike

KEY FEATURES

- **Easy to use** - design offers exercisers clear and simple direction for quick start or pre-programmed workouts.
- **Made to Last** - durability and reliability
- **Green to Go** - more energy efficient by third-party testing
- **Self-Powered Convenience** - these energy efficient bikes can be placed anywhere in a facility with no electrical cords or outlets to consider. (Models with optional 17" TV on stand require power)
- **Reliable Belt Drive System** - Custom designed system is quiet & virtually maintenance free.
- **Heart Rate Monitoring** - Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the bullhorn handlebars to provide accurate heart rate monitoring and Polar® telemetry provides hands-free heart rate monitoring when used with an optional chest strap.
- **Comfort Adjustments** - Easily adjustable ski boot style pedal straps & 34 seat adjustments positions to ensure their most comfortable riding position.
- **Intuitive Console** - Clear direction for quick start or pre-programmed workouts, and the workout summary provides valuable feedback



SPECIFICATIONS

Type	Commercial
Dimensions	163cm (L) x 67cm (W) x 115cm (H)
Unit weight	91kg
Max. user wt	181kg
Resistance	25
Levels	
Heart rate	Lifepulse™ Digital Heart Rate Monitoring with DSP, and Polar® Telemetry.
Workouts	Quick Start; Manual; Random; Hill; Cardio; Fat Burn; Fit Test; Resistance Level; Distance; Calories; METs; Customized Cool Down.
Warranty	- Lifetime warranty on frame. - 4-years limited warranty against rust. - 2-years limited warranty on all electrical and mechanical components. - 1-years warranty on labor.



Life Fitness Activate Series OSX Elliptical Cross-Trainer

KEY FEATURES

- **Easy to use** - design offers exercisers clear and simple direction for quick start or pre-programmed workouts.
- **Made to Last** - durability and reliability
- **Green to Go** - more energy efficient by third-party testing
- **Classic Stride Technology** – produces a unique popular motion with an 18" stride length and research-based elliptical path & moving arms that provide an effective total body workout.
- **Self-Powered Convenience** – these energy efficient cross trainers can be placed anywhere in a facility with no electrical cords or outlets to consider. (Models with optional 17"TV on stand require power)
- **Thoughtfully Designed Pedals** – Oversized pedals allow exercisers to adjust their foot position for maximum comfort & are spaced 3" apart to minimize lateral hip shifting and reduce lower back stress.
- **Heart Rate Monitoring** - Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the bullhorn handlebars to provide accurate heart rate monitoring and Polar® telemetry provides hands-free heart rate monitoring when used with an optional chest strap.
- **Intuitive Console** - Clear direction for quick start or pre-programmed workouts, and the workout summary provides valuable feedback



SPECIFICATIONS

Type	Commercial
Dimensions	209cm (L) x 71 cm (W) x 153cm (H)
Unit weight	109kg
Max. user wt	160kg
Stride Length	47.7cm
Resistance Levels	25
Heart rate Workouts	Lifepulse™ Digital Heart Rate Monitoring with DSP, and Polar® Telemetry. Quick Start; Manual; Random; Hill; Cardio; Fat Burn; Fit Test; Resistance Level; Distance; Calories; METs; Customized Cool Down.
Warranty	- Lifetime warranty on frame. - 4-years limited warranty on rust. - 2-years limited warranty on console, electrical and mechanical components. - 1-year limited warranty on labor.



Life Fitness Activate Series OST Treadmill

KEY FEATURES

- **Easy to use** - design offers exercisers clear and simple direction for quick start or pre-programmed workouts.
- **Made to Last** - durability and reliability
- **Green to Go** - more energy efficient by third-party testing
- **Flexdeck® Shock Absorption System** - reduces knee and joint stress by up to 30% & decreasing the chance for injury.
- **State-of-the-Art Motor** - Powerful 3 HP AC motor with Magna Drive™ motor controller (6-horsepower peak) ensures a smooth workout while being remarkably energy efficient.
- **Fully Welded Frame** - Solidly welded by expert treadmill craftsmen, ensuring a durable machine that is reliable over time.
- **Heart Rate Monitoring** - Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the Ergo™ bar to provide accurate heart rate monitoring and Polar® telemetry provides hands-free heart rate monitoring when used with an optional chest strap.
- **Intuitive Console** - Clear direction for quick start or pre-programmed workouts, and the workout summary provides valuable feedback



SPECIFICATIONS

Type	Commercial
Dimensions	205cm (L) x 82cm (W) x 145cm (H)
Unit weight	147kg
Max. user wt	181kg
Running surface	152cm (L) x 51cm (W)
Speed	0.8 – 12mph (0.8-19.3kph)
Motor	3.0 HP AC motor
Elevation	0% - 15%
Heart rate	Patented Lifepulse™ Digital Heart Rate Monitoring with DSP, and Polar® Telemetry.
Workouts	Quick Start; Manual; Random; Hill; Cardio; Fat Burn; Fit Test; WFI Submax Protocol; Pace; Distance Climbed; Calories; METs; Customized Cool Down.
Warranty	- Lifetime warranty on Lifespring shock absorbers, motor and frame. - 4-years limited warranty on rust. - 2-years limited warranty on console, electrical and mechanical components. - 1-year limited warranty on belt, deck and labor.