

CYBEX[®]
Serious about fitness.

BIG IRON SERIES



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Raising the Bar

CYBEX never stops exceeding expectations. This ideal holds true for the new Big Iron series of Racks and Benches.

The New Big Iron series is designed to survive the heavyweight workouts of the most demanding college and pro athletes by using materials like 3" x 4" 7-gauge steel where it's needed most. With a choice of highly versatile benches, this rugged and fully equipped half rack is a solid foundation for building strength and improving performance.

The Big Iron series delivers exactly what you would expect from CYBEX, the leader in high performance strength training and cardio equipment.

A Proven Performer

CYBEX strength-training equipment is a top choice among athletes and teams in the NFL, NBA, NHL, and MLB, as well as the nation's top collegiate athletic programs. Now you can raise the bar by adding the Big Iron to your arsenal of CYBEX fitness equipment.

Make it Yours

You can custom paint the Big Iron or add your team's logo to match the look and feel of your weight room.



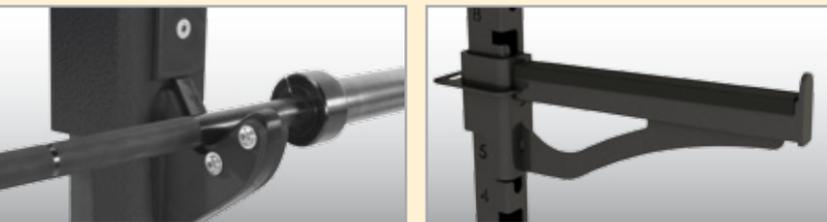
"Working with top athletes from around the world, I need equipment that is versatile and robust enough to handle the abuse these professionals dish out on a daily basis. When CYBEX asked if I would be a part of their design team for the Big Iron series, I jumped at the opportunity. I am proud to have my name associated with this line of performance racks and platforms — the training results are incredible."

—Tom Shaw, Performance Enhancement Coach

9' Half Rack & 8' Half Rack*

- 3" x 4", 7-gauge uprights and floor members
- Thirteen racking positions spaced 4" (10 cm) apart
- Laser engraved position indicators
- Bar catches with UHMW protection
- Adjustable bar stops with UHMW protection
- Standard swing-away spotter platforms with 10 positions spaced 2" (5 cm) apart
- Six zinc-coated plate storage pegs per side with polymer bumpers on storage pegs protect frame finish from plates
- Pull-up bar with standard and neutral grips
- Three band attachments
- Two Olympic bar storage holders
- Two band storage holders
- Two chain storage pegs

*Shown with optional Technique Trays, Dip Attachment and Platform Ramp



Locking Bench & Adjustable Dumbbell Bench



- Handle and wheels allow for portability
- Five back pad adjustment positions
- Three seat bottom adjustment positions
- Locking pins provide for positive location relative to spotter platforms

Platform with Insert

- 6' x 8' platform with insert
- Multi-layer construction (center section of red oak top layer with tongue and groove construction; polyurethane top coat)
- 3/4" rubber flooring outer sections



9' Multi Rack & 8' Multi Rack

- 3" x 4", 7-gauge uprights and floor members
- Eleven racking positions spaced 4" (10 cm) apart
- Laser engraved position indicators
- Bar catches with UHMW protection
- Adjustable bar stops with UHMW protection
- Standard swing-away spotter platforms with 10 positions spaced 2" (5 cm) apart
- Six zinc-coated plate storage pegs per side with polymer bumpers on storage pegs protect frame finish from plates
- Pull-up bar
- Three band attachments
- Two Olympic bar storage holders
- Two band storage holders
- Two chain storage pegs

9' Power Rack & 8' Power Rack

- 3" x 4", 7-gauge uprights and floor members
- Thirteen racking positions spaced 4" (10 cm) apart
- Laser engraved position indicators
- Bar catches with UHMW protection
- Adjustable bar stops with UHMW protection
- Standard swing-away spotter platforms with 10 positions spaced 2" (5 cm) apart
- Six zinc-coated plate storage pegs per side with polymer bumpers on storage pegs protect frame finish from plates
- Pull-up bar
- Three band attachments
- Two Olympic bar storage holders
- Two band storage holders
- Two chain storage pegs

9' Combo-Rack & 8' Combo-Rack

- 3" x 4", 7-gauge uprights and floor members
- Thirteen racking positions spaced 4" (10 cm) apart
- Laser engraved position indicators
- Bar catches with UHMW protection
- Adjustable bar stops with UHMW protection
- Five zinc-coated plate storage pegs per side with polymer bumpers on storage pegs protect frame finish from plates
- Bumper plate storage
- Pull-up bar
- Three band attachments on each side
- Four Olympic bar storage holders
- Two band storage holders
- Two chain storage pegs

BIG IRON – DISCOVER the CYBEX difference

Why do the most demanding pro and college athletes prefer CYBEX? Because our products get results — from our plate-loaded and selectorized strength-training equipment to the Bravo™ functional trainer and our family of high performance bikes, treadmills, and the incomparable ArcTrainer®.

CYBEX professional fitness equipment is the direct result of extensive research into biomechanics and human performance conducted by the CYBEX Institute for Exercise Science. We draw on our deep medical heritage and extensive knowledge of biomechanics and human performance to ensure that you get the safest, most durable, and most effective strength and cardio equipment in the world. We are serious about fitness.

specifications

Product Number	Description	Length		Width		Height		Weight	
		IN	CM	IN	CM	IN	CM	LB	KG
BIG IRON SERIES									
19000	9' Half Rack	56	143	70	177	104.5	265	650	295
19010	8' Half Rack	56	143	70	177	90.8	231	635	288
19020	9' Multi-Rack	67	169	70	179	104.5	265	838	380
19030	8' Multi-Rack	67	169	70	179	90.8	231	833	378
19040	9' Power Rack	74	187	70	179	109	277	900	408
19050	8' Power Rack	74	187	70	179	97.5	248	869	394
19060	9' Combo Rack	111	282	91	231	104.5	265	1035	469
19070	8' Combo Rack	111	282	91	231	93	236	1004	455
19100	Locking Bench	51	128	27	68	17	43	126	57
19100	Dumbbell Bench	51	128	27	68	17	43	122	55
19150	Platform with Insert (for 19000, 19010)	71*	181	92	234	3.7	9	574	260
19160	Platform with Insert (for 19020, 19030, 19040, 19050)	71*	181	92	234	3.7	9	574	260
19170	Platform with Insert (for 19060, 19070)	238	605	92	234	3.7	9	1200	545

Available in five standard or a virtually unlimited variety of custom frame colors 

* Note: This is the length of the platform that extends forward of the rack. Add to rack length for total length.

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