



# Halo Fitness Cloud

Easy and efficient facility management.  
Meaningful interactions with members.  
Valuable revenue building.

**All in one digital tool.**

**Visit Halo.Fitness**

## What it Is

The Halo Fitness Cloud offers one centralized location where fitness facilities can easily manage business operations, communicate with members, plan and schedule fitness programming and more. Choose from three plans and three enhancements, depending upon your facility needs.



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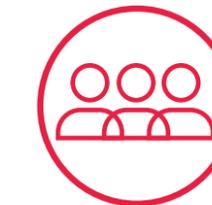
Extend the benefits of programming with the Halo Fitness App



Improve communication between trainers and exercisers



Benefit from detailed equipment use information



Create a community where members want to belong



Build member loyalty with a cohesive facility brand story



Streamline routine facility maintenance tasks

Mix and match the Plans and Enhancements that work best for your facility.

# Visit Halo.Fitness



# The Cybex Experience: Make it Personal

Everyone approaches their workout differently. Some want to be immersed in entertainment options, others just want to get on and go. Cybex console options provide choices that appeal to every exerciser.



70T Console



50L Console



V Series Console

Entertainment options for 50L consoles and V Series consoles include a vivid 1080p attachable 15" HD TV and a secure tablet holder.

# R Series

Run faster. Run longer. Run better.  
Rooted in the Cybex history of effective cardio equipment, but with a sleek, modern look and innovative features that are appealing to exercisers driven by results.

The IS4 Intelligent Suspension System caters to runners and the Interval Training Zone allows for quick and easy speed changes for runners during interval workouts. Both combine to make the R Series treadmill ideal for the serious runner.



Interval Training Zone

21" x 60" (53 x 152 cm) running surface

9" (23 cm) step-up height

IS4 Intelligent Suspension System



**IS4 INTELLIGENT SUSPENSION SYSTEM**  
The IS4 Intelligent Suspension System compliments the mechanics of running and helps runners get results. It has a "soft" landing zone near the front of the treadmill, a firm middle area, and a rigid area at toe-off.

## R SERIES CONSOLE OPTIONS



70T Console



50L Console

# R Series

Two options of R Series Arc Trainers suit a wide range of exercisers.

The total-body model has curved, multigrip handles on moving arms for a versatile workout for any exerciser.

The lower-body model has stationary bullhorns and caters to exercisers who focus on increasing strength and power.

Both are ideal for general exercisers, those looking for a challenging HIIT workout, and everything in between.



## KNEE STRESS

The motion of the Arc Trainer enables an exercise experience that has less knee stress than walking. This motion was developed by the Cybex Research Institute. As a result, the Arc trainer continues to appeal to a wide range of audiences. Exercisers can work out at a high level without causing strain to the knees.

## VERSATILITY

Because of the low knee stress for exercisers the Arc Trainer can be a rehab tool. The low startup resistance makes it ideal for deconditioned exercisers. The low impact makes it an excellent choice for out of shape people or those new to exercise. Put it on a high incline to simulate climbing stairs with less strain on the knees. Finally, the high watt capacity means it also can be used by athletes for a more rigorous workout.

# R Series

A sleek, modern aesthetic combines with results-driven features to create effective exercise bikes. Choose between upright bikes and easily accessible recumbents. 25 resistance levels accommodate exercisers of all fitness levels.



**70T Console**



**50L Console**