

LIFE FITNESS INDOOR CYCLES POWERED BY ICG

ICG has been motivating, mentoring, and measuring positive change in the lives and rides of the global fitness and sporting community since 1995.

Striving for excellence in indoor cycling has made ICG a global leader specializing in the design, manufacture and programming of premium indoor cycling equipment.



ROBUST DIGITAL EXPERIENCE

Connection available on IC5, IC6 and IC7 bikes allows exercisers and instructors to benefit from the combination of state-of-the-art bikes and cutting edge digital experiences.



ADVANCED POWER METRICS

The WattRate® Direct Power Meter on IC7 bikes offers the market's most accurate sensor technology with a direct measuring tolerance of +/- 1%.



INVITING DESIGN

A sleek and modern aesthetic combines with rugged features like a steel frame to create durable bikes that exercisers want to use.

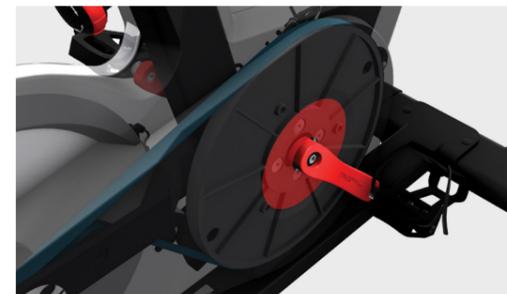


IC7 INDOOR CYCLE
/ IC-LFIC7B2-01



OPTIMAL Q FACTOR

Q Factor is the distance between an exerciser's feet when they sit on a bike and pedal. The industry standard Q Factor of 155mm on most ICG bikes results in a ride that feels comfortable and natural.



POLY-V BELT DRIVE

The Poly-V belt drive that powers each ICG bike transfers extreme levels of torque smoothly, requires limited maintenance, and is quieter than other drive systems.



ATTENTION TO COMFORT

Padded sport saddle, PVC multi-position handlebars and multiple adjustment possibilities ensure that riders are comfortable from the start of the workout to the end.

STATE-OF-THE-ART INDOOR CYCLES

This fleet of six bikes combines striking, award-winning design with an enhanced digital experience.



IC7 / IC-LFIC7B2-01

Award-winning design, a two-stage drivetrain and a premium digital experience. A WattRate Direct Power Meter, Coach By Color® intensity guide for user and instructor, data exchange with devices, and outstanding comfort make the IC7 a one-of-a-kind indoor cycle.



IC6 / IC-LFIC6B1-01

The WattRate TFT computer features performance indication in watts, data exchange with external devices, as well as a Coach By Color® intensity guide for both the user and instructor.



IC5 / IC-LFIC5B2-01

Innovative design and high-quality components. The WattRate LCD computer displays performance and the IC5 allows for data exchange with devices and the Coach By Color® intensity guide for users.



IC4 / IC-LFIC4B1-01

The belt drivetrain and magnetic brake system are virtually maintenance free and work together to provide a superior ride.



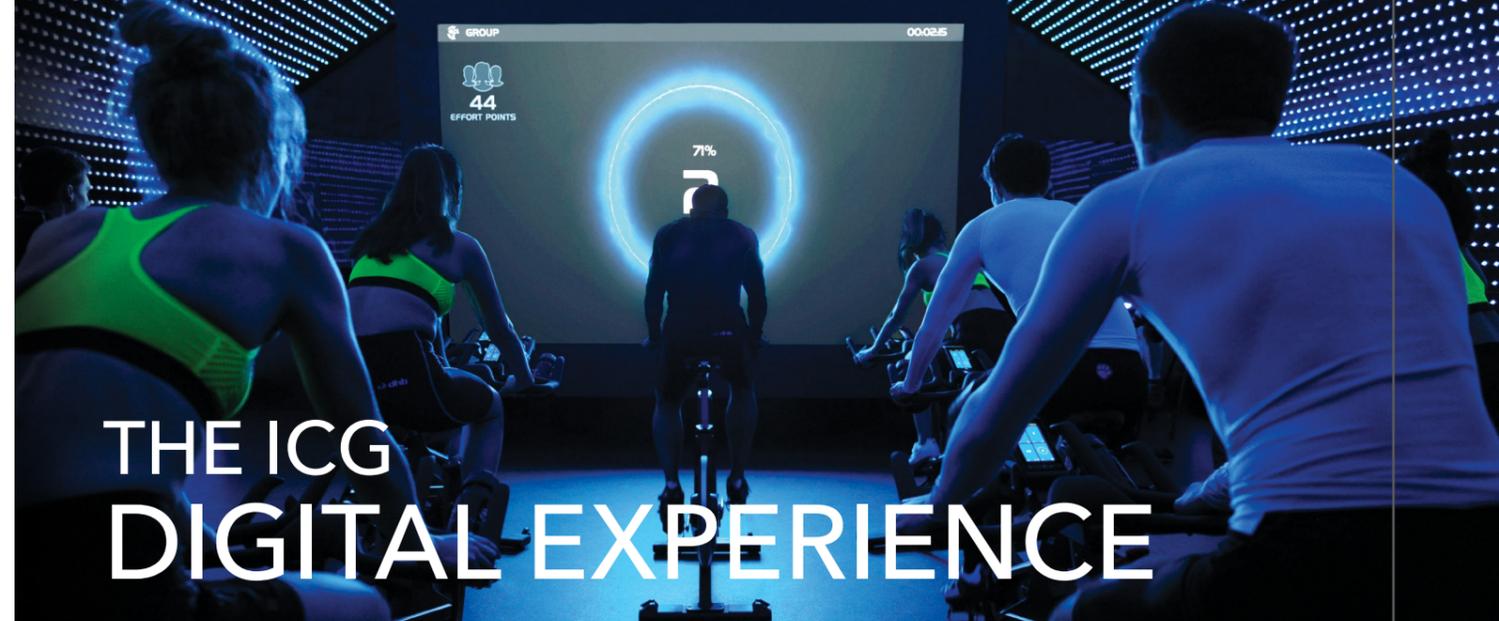
IC3 / IC-LFIC3B1-01

Incredible ride, incredible value. The ergonomic handlebar, advanced geometry and 155mm Q Factor combine for extreme comfort.



IC2 / IC-LFIC2B1-01

An entry-level cycle that offers a simplified feature set without compromising quality engineering and style.



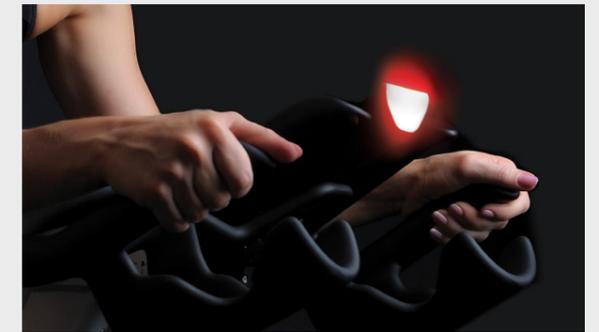
THE ICG DIGITAL EXPERIENCE

The state-of-the-art engineering of ICG indoor cycles combines with engaging digital technology to create extremely memorable exerciser experiences.



ICG CONNECT

A digital platform that creates exciting and immersive group exercise experiences through competition, vivid data visualization and instructor encouragement.



COACH BY COLOR

Color-coded biofeedback for exercisers, and a universal method for coaching intensity for instructors.



ICG TRAINING APP

The Apple® and Android™ app pairs with IC5, IC6 and IC7 bikes to give exercisers the power to view, save and track workouts.



MYRIDE VX

Virtual training through scenic settings and with the guidance of both live and virtual instructors.

IC8 POWER TRAINER

Inspired by the movement of road and triathlon cycling, the IC8 is a high-performance indoor cycle for serious riders and a challenging power trainer for all athletes.

With greater power accuracy, wattage and performance data than any other indoor cycle, the IC8 delivers results for facilities running cycle-specific coaching, high-intensity interval training and endurance training.



CHAIN-DRIVEN FREEWHEEL

A 13.75 to 1 ratio chain-driven freewheel provides complete control of accelerations and allows for coasting to recover. The design allows the IC8 to feel and perform like a high-performance outdoor cycle.



0 TO 3800 WATT MAGNETIC RESISTANCE

300-degree dial offers 100 clicked increments and displays the resistance level as 0-100 on the WattRate TFT computer. The large range of watts meets the high-performance demands.



WATTRATE® DIRECT POWER METER

The most accurate power meter in the industry offers a direct measuring tolerance of +/- 1%. Photocells directly measure the torsion of the spindle, and never require recalibration.



Q FACTOR

A 155mm Q Factor provides the feel of a real road bike. The result is added comfort and improved pedal stroke efficiency.

