

THE XT4700

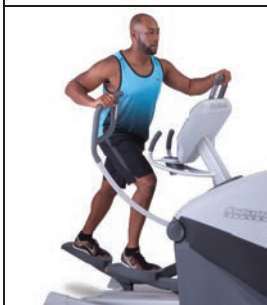
A STRIDE AHEAD

XT4700

The best elliptical machine available, this top-of-the-line powerhouse is loaded with exclusive Octane breakthroughs including SmartStride® to fuel every workout with exceptional comfort and challenge that drive valuable results.

OCTANE ADVANTAGES

- Electronically adjustable stride
- MultiGrip & Converging Path handlebars
- Biomechanically correct close pedal spacing
- Low step-up height
- Advanced training — 30:30 and MMA
- CROSS CIRCUIT compatible



SMARTSTRIDE®

An unmatched feature that automatically adjusts stride length to replicate walking, jogging, running and moving backwards.

UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and custom fit every exerciser.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

SPACE-EFFICIENT DESIGN

Significantly shorter than other ellipticals or treadmills; fits conveniently in small spaces.

XT4700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride lengths	20"-28" (51 cm - 71 cm)
Electronically adjustable stride	•
Quiet motor	•
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
CROSS CIRCUIT compatible	○
Phone holder	2
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

SmartStride®	•
Resistance levels	30
Quick Starts (Walk, Jog, Run)	•
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Fingertip controls on moving handlebars	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•

CONSOLE OPTIONS

Smart	○
Standard	○

ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

WORKOUTS

Number of programs	16
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Interval	•

ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

STRIDE LENGTH PROGRAMS

PowerWalk	•
Stride Interval	•
Dual Direction	•

WORKOUT BOOSTERS

SmartStride®	•
X-Mode™	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	33" x 77" (84 cm x 196 cm)
Footprint - live area (W x L)	37" x 87" (94 cm x 221 cm)
Product weight	364 lbs (165 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	37" x 87" (94 cm x 221 cm)
Product weight with CROSS CIRCUIT stands	414 lbs (188 Kg)

WARRANTY

Parts	3 years
Labor	1 year

*Smart console only

THE XT3700

CONVERGE ON THE BEST-FEELING ELLIPTICAL

XT3700

The preferred model by health club members, Octane's incredibly popular XT3700 is known for delivering the absolute best-feeling workouts.

OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced training — 30:30 and MMA
- Exclusive Workout Boosters
- CROSS CIRCUIT compatible



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and assist with fitting every exerciser better.

MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

XT3700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
CROSS CIRCUIT compatible	○
Phone holder	2
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•

CONSOLE OPTIONS

Smart	○
Standard	○

ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

WORKOUTS

Number of programs	13
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•

ADVANCED PROGRAMS

CROSS CIRCUIT Solo	•
CROSS CIRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	33" x 77" (84 cm x 196 cm)
Footprint - live area (W x L)	37" x 87" (94 cm x 221 cm)
Product weight	342 lbs (155 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	37" x 87" (94 cm x 221 cm)
Product weight with CROSS CIRCUIT stands	392 lbs (178 Kg)

WARRANTY

Parts	3 years
Labor	1 year

*Smart console only

THE PRO3700Classic

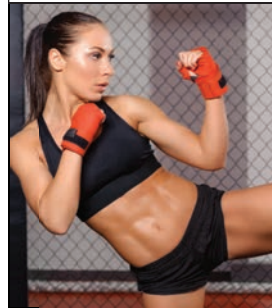
SAME HIGH-END FEATURES AND EXCEPTIONAL QUALITY AT AN UNBEATABLE VALUE

PRO3700C

Features the natural, smooth motion that Octane is known for, digital contact heart rate sensors, signature advanced programs, exclusive Workout Boosters and full commercial warranty.

OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced Training — MMA and 30:30
- Workout Boosters
- CROSS CIRCUIT compatible



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and assist with fitting every exerciser better.

MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

PRO 3700 Classic SPECIFICATIONS

● Standard ○ Optional

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	●
Covered track and rollers	●
MultiGrip™ and Converging Path™ handlebars	●
Moving handlebar lock-out option	●
1-time adjustable handlebar position	●
CROSS CIRCUIT compatible	○
Water bottle holder	●
Tablet/reading rack	●
Transport wheels	●

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	●
Wireless heart rate ready (Polar®)	●
Self-powered	●
HeartLogic™ Intelligence	●

ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

WORKOUTS

Number of programs	20
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PRESET RESISTANCE PROGRAMS

Manual	●
Random	●
Interval	●
Custom Interval	●
Hill	●
10K	●

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	●
Heart Rate Cardio	●
Heart Rate Interval	●
Heart Rate Custom Interval	●
Heart Rate Hill	●
Heart Rate Speed Interval	●
New Leaf® Custom	●

ADVANCED PROGRAMS

CROSS CIRCUIT Solo	●
CROSS CIRCUIT Group	●
30:30 Interval	●
MMA	●
Constant Power Watts	●
Constant Power METs	●

FITNESS ASSESSMENT PROTOCOL

Navy PRT	●
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WORKOUT BOOSTERS

X-Mode™	●
GluteKicker™	●
ArmBlaster	●

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
Footprint - live area (W x L)	34" x 83" (86 cm x 210 cm)
Product weight	320 lbs (145 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	39" x 84" (99 cm x 213 cm)
Product weight with CROSS CIRCUIT stands	405 lbs (183 Kg)

WARRANTY

Parts	3 years
Labor	1 year

THE PRO310

SMALL FOOTPRINT, BIG VALUE

PRO310

Great features and programs you expect from Octane in a space-efficient package for quiet, safe operation.

OCTANE ADVANTAGES

- Space-saving design
- Low step-up height
- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced training – 30:30
- Workout Boosters



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and custom fit every exerciser.

30:30 INTERVAL

An exclusive ability to train like the pros with the 30:30 Interval challenge program from EXOS.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

ARMBLASTER

For an unrivaled total-body experience, this trademark workout combines cardio with intense upper-body strength intervals.

PRO310 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride length	20.5" (52 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
1-time adjustable handlebar position	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	20
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (Polar®)	•
HeartLogic™ Intelligence	•

WORKOUTS

Number of programs	12
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Custom Interval	•
Beginner	•
10K	•

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Cardio	•
Heart Rate Custom Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
350 Calories	•
750 Calories	•
Half Marathon	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

ENTERTAINMENT OPTIONS

Personal Viewing Screen*	○
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PRODUCT SPECIFICATIONS

Max user weight	300 lbs (136 Kg)
Footprint (W x L)	31" x 65" (79 cm x 165 cm)
Footprint - live area (W x L)	34" x 76" (87 cm x 193 cm)
Product weight	260 lbs (118 Kg)

WARRANTY

Parts	2 years
Labor	1 year

*External controller required.

CONSOLE OPTIONS

SMART CONSOLE



WEB APPS

Now users can quickly access their favorites, Facebook, Twitter, YouTube and more, enabling them to efficiently multi-task, stay engaged and resolve to finish their workout strong – or even add a few more minutes for better results.

WEB BROWSING

With the Web at one's fingertips, exercisers can enjoy streaming video, shopping, browsing the Internet or checking email for the ultimate in time management and versatile, custom entertainment.

ASSET MANAGEMENT

Provided by EcoFit™ Networks, Octane's asset management measures and shares valuable data from cardiovascular equipment that club owners can analyze to ensure proper equipment placement, equal usage, timely preventive maintenance and minimal downtime with service needs.

INTERACTIVE COACHING

Octane's trademark CROSS CiRCUIT combined cardio and strength training program comes alive with videos that show proper execution of hundreds of strength training exercises. Plus, the Workout Boosters now include video demos that keep exercisers engaged and using correct form.

STANDARD CONSOLE



STANDARD CONSOLE

Intuitive to navigate, this LED display with integrated capacitive buttons showcases all workout feedback and supports mobile device charging. Quick Start buttons enable exercisers to immediately begin their workout; and advanced training is convenient, with buttons for CROSS CiRCUIT, MMA and 30:30 directly on the console.

Console options are for
Zero Runner, XT-One, LateralX,
XT4700, XT3700 and xR6000.

- Standard
- Unavailable
- Optional

FEATURES

	Smart Console	Standard Console
10" glass capacitive touch screen	•	–
Phone docking locations	4	3
Tablet docking locations	1	1
USB port (charging capabilities)	•	•
TV keypad built-in*	•	•
Ethernet jack	•	–
CSAFE ports	2	2
Asset management	○	○
Wireless heart rate ready Polar® and ANT+™	•	•
Console fan (3 speeds)	•	•
Replaceable headphone jack	•	•
Self-powered	–	•

ENTERTAINMENT OPTIONS

Personal viewing screen	○	○
900 Mhz	○	○

INTERNET CONNECTION REQUIRED

Wi-Fi enabled	•	–
Web browsing	•	–
Web video streaming	•	–
Web applications	•	–

WARRANTY

3-year advance exchange/1-year labor	•	•
90-day on headphone jack	•	•



PERSONAL VIEWING SCREEN

Learn more on page 28.

A 15" HD screen adds a multitude of television and entertainment selections for an exceptional, interactive experience, and integrated keypad controls provide a sleek, convenient solution that surpasses members' expectations. Available for both smart and standard consoles.

*External personal viewing screen required.