

# CERTIFIED PRE-OWNED LIFE FITNESS FIT 3 MULTI STATION-FSF3



## SPECIFICATIONS



**TYPE**  
Commercial



**DIMENSIONS ( L x W x H )**  
260cm x 260cm x 216cm



**WEIGHT STACK**  
3 X 95kg



**ACCESSORIES**  
95kg Weight Stack, Traditional Handle Adapter Bar and Clip, 1 pair each for Short/Medium/Long Strap Handles, Foot Strap, Thigh Strap, Wall Chart, Weight Stack Shrouds



**UNIT WEIGHT**  
570kg



**PULLEYS**  
2 Swivel High Pulleys, 2 Swivel Mid Pulleys and 2 Swivel Low Pulleys



**WARRANTY**  
-1 year limited warranty

## KEY FEATURES

- These space-efficient products feature a small footprint, making them the perfect choice for environments where floor space is at a premium. Multi-gyms and dual-exercise machines help facilities maximize the number of exercises available to users in a small area
- Advanced biomechanics ensure that the equipment follows users' natural movements, delivering a superior feel. The machines also accommodate exercisers of all sizes
- Intuitive, straightforward product designs are both easily recognizable and easy to use. Plus, simple adjustments make transitioning from one exercise to the next on the selectorized dual machines virtually effortless
- Like all Life Fitness equipment, Fit Series is built to last. Simple designs and proven commercial materials and components provide outstanding durability
- Three weight stacks enable use by up to three users at the same time
- Corner unit design for maximum space optimization
- Manufactured in United States.



# CERTIFIED PRE-OWNED LIFE FITNESS CABLE MOTION SERIES DUAL ADJUSTABLE PULLEY (CMDAP)



## SPECIFICATIONS



**TYPE**  
Commercial



**WARRANTY**  
-1 year limited warranty



**DIMENSIONS (L x W x H)**  
112cm x 158cm x 242cm



**UNIT WEIGHT**  
575kg

## KEY FEATURES

- Give your exercisers the freedom to move limbs independently of one another, one at a time, both at the same time, or use different weights for each limb.
- Attract a variety of exercisers, regardless of their fitness goals or skills, with low starting resistance and easy adjustments.
- 20 adjustment positions per column allow users to perform over 225 exercises for the ultimate in strength training variety.
- 1:4 resistance level for low starting resistance and high speed movements suitable for sport-specific training.
- Includes accessory kit with 2 long strap handles, 2 short strap handles, 1 leg extension / curl strap, 1 short bar, 1 ankle strap, 1 triceps rope.