

SPEED CONES, LADDERS & HURDLES



SPEED CONES

- Size (W x H): 17 x 23cm
- Set of six
- Numbered for added training variety



SPEED LADDER

- Size (L x W): 314 x 51cm
- Five cells
- Drawstring carrier bag included



HURDLES

- Rotatable legs to achieve two training heights
- Low Height: 15.2cm
- High Height: 30.4cm